



Seacoast Orthopedics
Over 30 years of dedication to outstanding patient care

Total Knee Arthroplasty Dressing Instructions

- Keep your dressing clean and dry. Your dressing can be removed in 5 days. You should keep the incision clean, dry, and covered with a dressing for the first 2 weeks after surgery. You should change the dressing as needed, typically once daily.
- You should use 4”x4” or larger size gauze and a new ACE bandage for dressing changes. You may purchase these supplies at the drugstore. **Please do not use dressings with adhesive.** Repeated use of adhesive dressings around incisions on the knee can cause skin irritation which can increase the risk for infection.
- You have staples underneath the dressing, therefore, do not get the incision wet until seen at the 2 week follow up appointment. Do not submerge the incisions in water until directed by your surgeon after the skin is fully healed. Antibiotic creams or other ointments should not be used.